MEEHAN INSTITUTE

FOR COUNSELOR TRAINING APPLICATION PACKET Fall 2015



MEEHAN INSTITUTE FOR CONSELOR TRAINING

MISSION STATEMENT

Dedicated to excellence in the education of professional addiction counselors. Committed to following the principals of the Twelve Steps and the belief in God to enable our clients and us to achieve recovery.

Resolved to bringing unity, love, and understanding to all those with whom our lives come in contact. Devoted to our personal recovery first, and the need to be accountable to God and those we serve. Following the principles of Enthusiastic Recovery and strictly adhering to the highest ethical standards of our profession. Being willing to live in "a glass house" in our personal and professional lives. Maintaining always that our clients' best interest and welfare come first.



Meehan Institute

Welcome to the Fall 2015 Meehan Institute for Counselor Training class. For the next 12 weeks you will have the opportunity to prepare yourself for what will hopefully be a long and joyful career in the field of alcohol and drug abuse counseling. The staff at Insight will do everything in our power to share with you our experience in counseling and how to deal with the personal issues that come up when working in this field. We realize that you have no frame of reference for what to expect so please ask any questions and voice any concerns that come up. It is our responsibility to respond to your needs and it is your responsibility to communicate your needs. Above all apply the principles of honesty, open mindedness, and willingness in order to maintain the level of humility necessary to learn everything that is available to you. We are glad you are here and hope you enjoy your experience.

God Bless.

Clint Stonebraker

Executive Director

The Meehan Institute / The Insight Program

GENERAL INFORMATION CORE FACULTY

Clint Stonebraker, CAC II, CSAC, CCS, LISAC, CADC, Executive Director of Stonebraker's Inc

Matt Meyer, CSAC, CADC, CAC I, CCS: Program Director, Alternate Clinical Supervisor of The Insight Program.

Glenn Schendel, CSAC, CAC II, CADC II, ICADC, CCS: Alternate Clinical Supervisor, Volunteer Senior Counselor of The Insight Program. Recovery Residence Manager of Step Two South and Step One.

Steven Winkelmann, CADC, CSAC, CAC I: Intake Coordinator, Alternate Clinical Supervisor of The Insight Program, Charlotte North Carolina.

Steven Jaffe, M.D., Board certified Child and Adolescent Psychiatrist, 30 years experience as a Child and Adolescent Psychiatrist, President of the Georgia Council for Child and Adolescent Psychiatry, and the Associate Professor of Child and Adolescent Psychiatry at Emory University in Atlanta, Georgia.

Mike Weiland, CRADC, ICADC: Program Director of the Crossroads Program in St. Louis Missouri.

Amy Weiland, CRADC, ICADC: Administrator, Senior Counselor of the Crossroads Program in St. Louis Missouri.

Frank Szachta, CRAADC: Executive director of the Cornerstone Program in Denver Colorado.

Josh Azevedo, LISAC, CAC II: Executive director of the Pathway program in Phoenix Arizona.

Kate Klein: Director of Full Circle in Arizona

TUITION:

Tuition is \$5,800.00 and does not include the cost of the textbooks.

PAYMENT IS EXPECTED IN FULL AT THE TIME OF APPLICATION.

LIVING EXPENSES:

It is <u>your responsibility</u> to cover all living expenses (including rent, food, etc.), and establish living arrangements if needed prior to beginning training.

BASIC APPLICATION REQUIREMENTS:

- 1. Recommendation from a director of an enthusiastic sobriety program
- 2. High School diploma or equivalent
- 3. At least 18 years of age

DISCIPLINE POLICY:

THE FOLLOWING ARE REASONS FOR EXPULSION FROM THE TRAINING PROGRAM:

- 1. The use of alcohol or other drugs in an abusive manner
- 2. Dishonesty, plagiarism
- 3. Repeated tardiness
- 4. Excessive, unexcused absences
- 5. Breech of ethical standards

CONTACT INFORMATION:

For additional information contact Glenn Schendel at

The Meehan Institute admits students of any race, color, nationality or ethnic origin to all the rights, privileges, programs and activities generally accorded or made available to students at the school. It does not discriminate on the basis of race, color, nationality or ethnic origin in the administration of its educational policies, scholarship, loan programs and other school-administered programs. The Meehan Institute is an equal opportunity employer.

THE MEEHAN INSTITUTE

CLASSROOM PROGRAM

The Meehan Institute is a program designed for individuals interested in a counseling career and learning in an enthusiastic environment. The Meehan Institute has been providing training since 1992.

The Meehan Institute is an approved NAADAC (The Association for Addiction Professionals - www.naadac.org), GACA (Georgia Addiction Counselors Association - www.gaca.org), and ADACB-GA (Alcohol and Drug Abuse Certification Board of Georgia - www.adacbga.org) education provider. In many states credentialing boards require that a percentage of education received have a provider number specific to that board. Classes offered by the Meehan Institute with provider numbers from these three certifying boards are as follows:

Alcohol 6

Counseling Theories 6

Crisis Intervention 6

Documentation 6

Drugs of Abuse 6

Ethics 6

Group Counseling 8

Neurobiology of Addiction 6

Overview of the Counseling Process 6

Treatment Admission 8

Assessment 6

Co-Occurring Disorders and Medication Therapy 2

Cultural Diversity 6

DSM-IV-TR Substance Related Disorders 2

Eight Counseling Communication Skills 6

Functions of Counseling 6

Group Counseling with Adolescents 6

Overview of Addiction and Addiction Treatment 6

Review of the 12 Core Functions 6

Treatment Planning 6

The number listed after each class represents the contact hours of each class. Certified counselors are required to continue their own education with drug and alcohol specific classes. The class content was developed for counselors seeking initial certification, however experienced counselors may attend classes as well.

The content of the classes offered by the Meehan Institute prepares participants with the knowledge needed to pass the written and oral test required for certification. Classes are based on the 12 core functions of the substance abuse counselor and the global criteria defining each function. These include:

- 1. Screening
- 2. Intake
- 3. Orientation
- 4. Assessment
- 5. Treatment Planning
- 6. Counseling
- 7. Case Management
- 8. Crisis Intervention
- 9. Client Education
- 10. Referral
- 11. Reports and Record Keeping
- 12. Consultation

Other classes cover a variety of skills utilized by the professional drug and alcohol abuse counselor. Subject matter includes community networking (how to build working professional relationships with other programs and agencies), HIV/AIDS education, and facilitation of a support group, shift counseling in a residential setting, and working with families. Written and oral test are also administered under the same parameters as the written and oral testing administered by credentialing boards.

A unique characteristic of The Meehan Institute is the opportunity students have to gain valuable experience while participating in the training program. Working in conjunction with The Insight Program in Georgia students "shadow" staff members in individual and group counseling situations. This gives the students a feel for counseling while in training. In general, one day a week is spent training in actual counseling situations. This gives a needed perspective for the classroom material to be internalized, as well as ample opportunity to discuss specific counseling situations individually with an experienced counselor.

The Meehan Institute also focuses on personal and professional development. The skills needed to be a successful drug and alcohol abuse counselor include the application of tools in order to avoid professional burnout. Power equals responsibility, and understanding personal practices that enhance professional performance is a necessity for the professional counselor.

The Meehan Institute does not guarantee that students will gain employment. Upon completion of the Meehan Institute it is ultimately up to the individual to find employment or an internship position.

TUITION

Please return the completed application with a letter of recommendation and fees (\$5,800.00) no later than August 17th, 2015. Please contact Glenn Schendel with questions regarding the application process. Classes begin 10am August 24th 2015 at the main Insight office.

Please make checks payable to: The Meehan Institute

Mailing address: 5110 Old Ellis Point Roswell, GA 30076

Thank you!

IF APPLICATION AND TUITION IS NOT IN BY THE ABOVE DATE, OR IS INCOMPLETE, YOU WILL NOT BE ADMITTED INTO THE MEEHAN INSTITUTE FALL 2015 SESSION.

MEEHAN INSTITUTE FOR COUNSELOR TRAINING APPLICATION FOR ENROLLMENT

Linux Property	
Reasons you are	e becoming a counselor: I want to help people
	es the way that I got solers
EDUCATION:	
High School Gr	raduate: yes no Year Graduated:
G.E.D.:	yes no Year Completed: 2014
College Degree	e: yes no Year Received:
	Type of degree:
Please give a br	rief description of any college experience or specialized training: <u>So far</u>
	taken 3 classes in addiction and
	ce use disorders at College

The Meehan Institute admits students of any race, color, nationality or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at the school. It does not discriminate on the basis of race, color, nationality, or ethnic origin in the administration of its educational policies, scholarship, loan programs, and other school administered programs. The Meehan Institute is an equal opportunity employer.

LETTER OF RECOMMENDATION

DATE: 8/3/15	
NAME OF APPLICANT: _	
NAME OF DIRECTOR:	has her the second
I am recommending this applicant series year(s). I believe this would be appropriate for The Mo	nt for The Meehan Institute. I have known this applicant for applicant meets all the basic requirements for enrollment and eehan Institute.
DIRECTOR SIGNATURE: _	

TEXT BOOKS

REQUIRED BOOKS:

- 1. Beyond the Yellow Brick Road, by Bob Meehan
- 2. Drugs, Society, and Human Behavior by Ray Oakley and Charles Ksir (15th edition look for this used, currently \$18 on Amazon)
- 3. Loosening the Grip by Kinney and Leaton (10th edition acceptable, look for this used currently \$20 on Amazon)
- 4. Big Book of Alcoholics Anonymous
- 5. Getting Ready to Test: A Review / Preparation Manual for Drug and Alcohol Credentialing Examinations (provided by The Meehan Institute)

SUGGESTED BOOKS:

- 6. DSM-V, American Psychiatric Association (available for loan do not purchase!)
- 7. Bumper Stickers, by Bob Meehan (suggested like the yellow line on the highway is a suggestion)
- *Beyond the Yellow Brick Road must be read before Training begins*
- *You must provide your own copies of all REQUIRED textbooks*
- *The SUGGESTED books will be available on loan from the Meehan Institute*
- *You must provide your own supplies (paper/notebook, pens, etc.)*

APPLICATION CHECK LIST:

1. Completed Application (with appropriate signatures)
2. Copy of High School Diploma or G.E.D.
 3. Letter of Recommendation
 4. Personal Check or Cashier's Check for \$5,800.00 (this does not include the cost of textbooks)

Please send applications to: The Meehan Institute 5110 Old Ellis Point

Roswell, GA 30076